



Banana Oat Breakfast Cake

Ingredients

4 ripe bananas

1/3 cup almond milk

1 tsp vanilla extract

¼ tsp salt

¼ cup almond or peanut butter

2 cups quick oats

¼ cup dark chocolate chips

1 cup frozen (or fresh) mixed berries

Optional – ¼ cup Chopped walnuts

1 tsp cinnamon

Directions

Pre-heat oven to 400 degrees F. Mash bananas into large casserole dish and add milk, vanilla, salt, nut butter and mix until well combined. Add quick oats and chocolate chips (and chopped walnuts and/or cinnamon if desired) and mix well. Sprinkle frozen (or fresh) berries over top and place in preheated oven for 30-35 mins (or until slightly firm in the middle). Allow to cool and enjoy! Can be eaten as a delicious breakfast, dessert, or snack. Cut into bars for easy grab and go or have on a dish and drizzle with just a bit more nut butter if desired!

